




**TAKE POINT**  
TRAINING

# **The Enhanced STATT Course**

Enhanced | Self, Teams and Team of Teams

**Beyond the ordinary**

 [www.takepointtraining.com](http://www.takepointtraining.com)



## ▶ It's time for a leadership check-up.

### The Enhanced STATT Course

- » Two x 2-day modules
- » For NHS senior personnel (Band 8a and above)

The NHS has many strengths, yet continues to face mounting pressures, surging demand and wider workforce challenges.

As pressures on services increase, departments are increasingly required to work more collaboratively. Both current and future leaders face performance challenges and need additional support.

Building on the success of our flagship STATT course designed for NHS health professionals, **the Enhanced STATT course brings the very best in professional development for senior NHS personnel** with a focus on achieving meaningful change.

**Tailored specifically for senior leaders** (Band 8a and above) across all NHS departments of the NHS, including directors, aspiring directors, managers and clinicians in leadership or managerial positions, the Enhanced STATT course is designed to meet your unique needs.

By using our extensive knowledge gained from specialist military sectors, this immersive programme aims to enhance leadership skills and behaviours while promoting cross-team collaboration and alignment.

**The course integrates proven military principles with the power of Insights Discovery®, to empower leaders to develop the essential behaviours needed to achieve extraordinary outcomes.**

# The Enhanced STATT Course

Enhanced | Self, Teams and Team of Teams



## EMOTIONAL INTELLIGENCE

This ground-breaking course spans two 2-day modules, providing participants with a profound insight into their unconscious drivers and habitual patterns. These often unnoticed factors have the potential to influence our behaviours. By increasing self-awareness, leaders can effectively leverage their unique qualities to unlock their full potential and inspire teams to perform at their best.

**By blending military-inspired leadership, experiential learning and self-awareness tasks, we aim to transform participants into exceptional leaders who drive positive change.**

### OUTCOMES

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- » Self-aware leaders with a deeper understanding of their personality traits, values, habits and emotions that drive behaviours
- » Empowered leaders with strong decision-making skills
- » Agile leaders who excel at building and leading high performing teams
- » Improved cross-team communication and collaboration
- » Enhanced motivation and wellbeing
- » Increased self-esteem and resilience

“

**The course helped me increase my self-esteem and management style.**

Christian  
Clinical Manager



**Best course I've ever been on... wish it was a regular thing.**

Marissa  
Acute Therapy Lead

”

## MODULE 1 | Days 1 and 2

### SELF AND TEAMS



#### Great leadership starts with self-awareness.

This two-day immersive module delves into the importance of self-awareness while recognising and understanding our personalities, emotions, and behaviours.

The module is designed to cultivate a heightened sense of awareness and accountability for managing our behaviours. This, in turn, ensures leadership actions are grounded in informed decision-making.



Additionally, we explore the realm of team dynamics and critical thinking, offering a platform to enhance communication, collaboration, decision-making, and the cultivation of high-performing teams.

## MODULE 2 | Days 3 and 4

### TEAMS AND TEAMS OF TEAMS



In this two-day module, we explore the practical application of Insights Discovery® by engaging in a series of experiential learning tasks. Building upon the foundation of self-awareness established in module 1, we focus on extending this understanding to our high-performing sub-teams and ultimately to the organisational level.



#### PSYCHOMETRIC PROFILES

During the interval between modules 1 and 2, delegates will receive their unique psychometric profile, which they can explore through virtual one-to-one discussion with one of our Insights Discovery® practitioners.

By analysing individual personality traits, values, and behaviours, participants gain valuable insights into their own strengths and areas for development. This knowledge enables participants to communicate more effectively, adapt leadership styles, and build stronger connections within teams.

The module concludes with an exploration of the 'Team of Teams' model, which aims to enhance organisational agility and resilience. Participants will have the opportunity to identify actionable steps from the course, examining how these can be translated to the work setting through a series of small yet powerful changes.



## Transformational training for senior leaders

Delivered off-site in a safe and time-protected environment, the Enhanced STATT Course provides transformational learning for every participant – and everything needed to become inspirational leaders fostering high performing teams.

We'll make sure participants benefit from our proven approach in a way that delivers lasting change and extraordinary results.

## Experiential learning

**We know that effective training requires a more collaborative style rather than a one-way information flow.**

That's why we blend light-touch theory with practical 'hands-on' experiential learning - or learning by doing - with a range of tasks to assess and develop individual and team behaviours.

By engaging participants in hands-on experiences and reflection, they are better able to connect theories and knowledge learned to real-world situations - all essential skills for senior leaders. During the programme participants are encouraged to share their experiences and work together to find solutions to complex problems.

## NOT A BOOTCAMP

At Take Point Training we don't do bootcamps. The Enhanced STATT Course is an immersive learning experience designed to enhance leadership and team performance: we do not shout orders, do press-ups or other physical exercises!

Our interactive training solutions take place in a friendly, safe and supportive environment and delivered by facilitators not only chosen for their leadership and team development abilities, but for their warm, compassionate and positive approach.

Our learning methodology focuses on:

- » Self-awareness
- » Emotional Intelligence
- » Communication
- » Experiential learning
- » Human behaviours
- » Psychometrics

Our emphasis is on experiential and interactive learning methods to engage participants and make training enjoyable and more effective.

“ [I feel] reinvigorated, ready to tackle some demons, more self-aware and better equipped to make change.

Michelle  
AHP Lead



## 6 great reasons to enrol on the Enhanced STATT course

### 1. Delivered by experts in building high performing teams

Our training facilitators have a wealth of experience leading high-performing teams in high-pressure environments coupled with a deep knowledge of the challenges faced by healthcare professionals.

### 2. A deep understanding of the pressures facing NHS senior leaders

The military and the NHS share many similarities, including the need for teamwork, clear communication and the ability to adapt quickly to changing situations. We share our extensive experience of working in high-pressure environments where leadership and teamwork are critical.

### 3. Experiential learning methods

Effective leaders and high performing teams are not created by applying textbook theories. That's why we use experiential learning – learning by doing – to build emotional intelligence and maximise leadership and team potential. By engaging delegates in hands-on experiences and self-reflection, they are better able to connect theories and knowledge learned to real-world situations.

### 4. In-depth psychometric profiling

Our course includes comprehensive psychometric profiling, a powerful tool used to enhance communication, promote self-awareness, and improve team effectiveness.

### 5. Protected learning time

Our course is delivered within a safe and time-protected learning environment. We know that leaders and aspiring leaders can experience high levels of stress and burnout due to the demands of their roles, so we give delegates time and space to reflect on how they work, learn new strategies and improve wellbeing.

### 6. Exceptional results

Ultimately, our Enhanced STATT course has a track record of delivering results. From working with a range of leaders and future leaders our transformational programme continues to exceed expectations.

Discover some of the  
feedback to date over the page...

“

**[The course] gave  
me insight into  
my management  
style, how I can use  
that to engage the  
people I work with.**

Sarah  
Theatre Manager



## FEEDBACK

100%

of participants believe the learning could enhance care delivery and patient outcomes.  
\*(all respondents believe this would be 'positive' to 'significant').

100%

of participants said the course provided the knowledge, skills and behaviours to think differently about their leadership and leadership style.

100%

of participants felt more positive and motivated after attending the course (with the most common answers being 'inspired', 'motivated' and 'enthusiastic')

100%

of participants stated they would apply their learning back in the workplace.

100%

of participants believe the course provided them with a great opportunity for cross-collaboration and learning from others.

(Data from most recent period June - July 2023).

“

**I feel inspired to inspire others.**

Sarah  
Clinical Care Research

“

**[I feel] empowered and enthusiastic to make some changes.**

Kirsty  
Team Lead Therapies



“

**Very engaging, [the facilitators] clearly have enthusiasm that is rarely seen.**

Suzanne  
Sepsis Lead Nurse



“

**[I feel more] open minded and have a greater understanding of my needs and how to communicate with others.**

Stuart  
Clinical Manager Charge Nurse



“

**Very interactive and engaging. Made a difference in self and team awareness.**

Kelly  
Anaesthetic manager  
RODP-Clinical manager

# Who are Take Point Training?



**Meet Squadron Leader (Rtd) Shaun Pascoe  
Founder & Business Owner**

During his 16-year career in the Royal Air Force (RAF), Shaun led a Medical Emergency Response Team (MERT) that provided critical care to injured troops during helicopter transports to military bases. He served on operational tours in Kosovo, Sierra Leone, Iraq and Afghanistan.

Emerging from the military with a clear understanding of effective leadership and teamwork, Shaun launched Take Point Training - along with a team of highly trained ex-forces veterans - all experienced in building and leading high performance teams.

We bring a unique perspective to healthcare, having faced similar challenges in our own careers, such as working in challenging environments and adapting to changing circumstances.

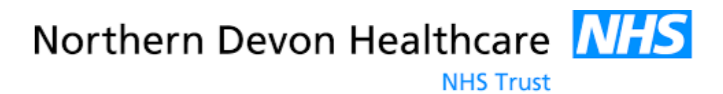
Each of our training facilitators are passionate and dedicated to helping people fulfil their potential and as committed to the Take Point Training vision, just as founder Shaun Pascoe was right at the beginning.

**Today our mission is to unlock the power of your people.**



# Our partners

The Enhanced STATT Course has enabled many healthcare professionals to reap the benefits of our experience. Our partners include:



Incorporating community services in Exeter, East and Mid Devon



“

[The course can] ensure teams are working well together and not against each other.

Kelly  
Anaesthetic manager  
RODP-Clinical manager



“

STATT Enhanced was inspiring, engaging, informative and refreshing.

Susannah  
Sister

“

I feel better able to lead my team in a collective goal.

Michelle  
AHP Lead



“

The subject matter was delivered with variety of pace, style and activity that made it easy to enjoy but also meant the lessons ... were accessible to all.

Suzanne  
Sepsis Lead Nurse



# TAKE POINT TRAINING

Find out more



Leadership and team development

For more information or to discuss your requirements please email:

[hello@takepointtraining.com](mailto:hello@takepointtraining.com)

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